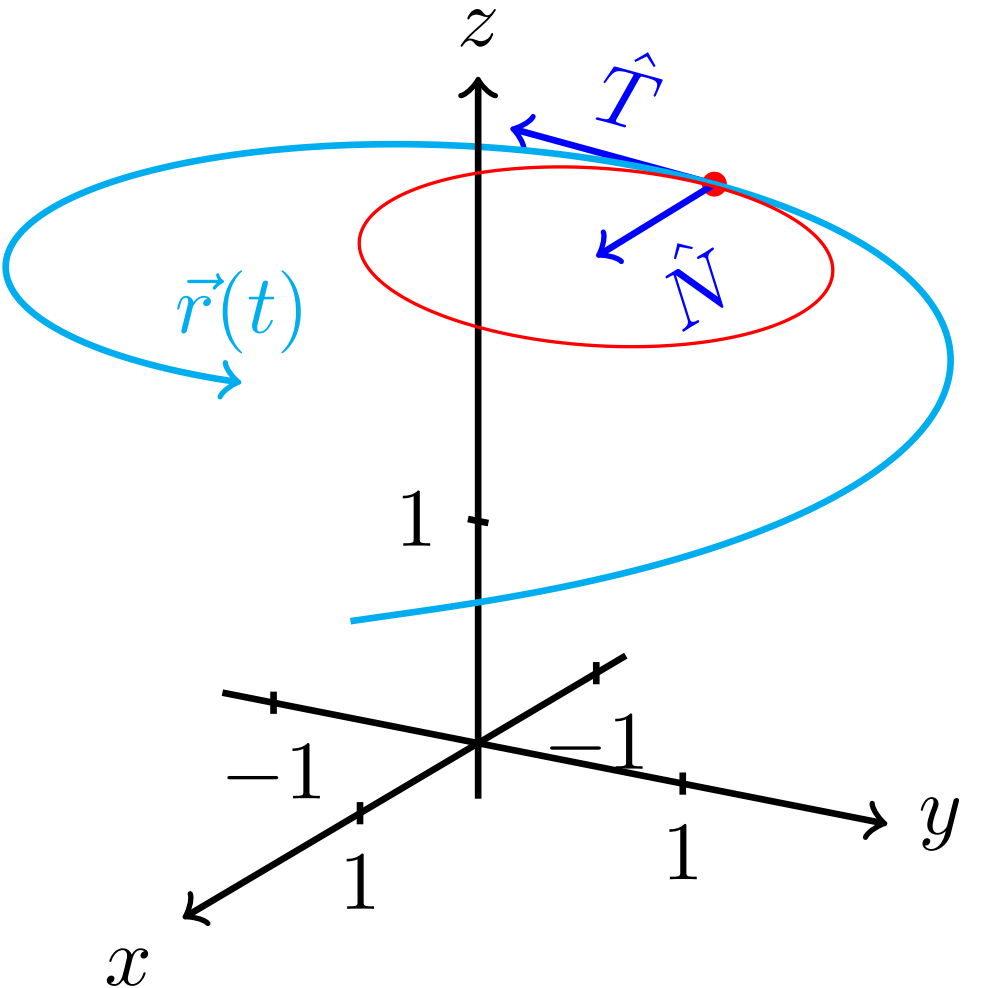
z
$\hat{T}$
$\hat{N}$
$\vec{r}(t)$
1
-1
-1
1
1
y
x